

Girlfriends Getaway Itinerary



Make the most of time with your favorite friends, and enjoy a variety of activities that show off the wonders of this Chesapeake resort. Catching up with girlfriends is more fun when you're visiting local shops, touring the Virginia Wine Trail, relaxing at the spa, and enjoying the Tides Inn's fabulous cuisine and cocktails.

Day 1 - Welcome to Irvington

Check in and explore Irvington; take a Tides Inn cruiser bike or go for a leisurely stroll and cruise around town. Stop by the nearby Steamboat Era Museum, grab a coffee or ice cream at the Local, and browse the boutiques. Afterward, enjoy a delicious dinner at the Tides Inn, featuring fresh, regional cuisine boasting the finest products and flavors of the Chesapeake region.

If you are visiting the Tides Inn on the first Saturday of the month, May through December, visit the Irvington Commons for an open-air market featuring local produce, herbs, flowers, meat, seafood, cheese, baked goods, art and handcrafted items, as well as live music.

Day 2 - Virginia Wine Trail

Embark on the Chesapeake Bay Wine Trail for a day filled with vineyards and the breathtaking scenery of Virginia's Northern Neck. Take along the Tides Inn's famous "Taste of the Northern Neck" picnic-for-two basket including a selection of fruit, cheese, roasted vegetables and pasta salad, as well croissant sandwiches, homemade cookies and plenty of snacks for your day. Explore nearby vineyards including Athena, Belle Mount Vineyards, and Ingleside Vineyards -- built in 1834, with more than 50 acres of gently rolling countryside. Enjoy tours and tastings at one of Virginia's oldest and largest wineries.

Stop by the Westmoreland Berry Farm to stock up on the farm's own line of gourmet fruit preserves, plus fresh fruit and produce in season. Enjoy a fresh fruit sundae on their pavilion deck overlooking the river.

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Day 3 - Heritage & Relaxation

After breakfast at the Tides Inn, visit Historic Christ Church in Irvington. Built in 1735, this National Historic Landmark is the best preserved of Colonial Virginia's Anglican parish churches. Virtually unchanged, its splendid architecture includes a three-level pulpit that towers over the individual enclosed high-backed pews. Stop in Kilmarnock for a small town strolling and shopping experience. Stop in a restaurant, gift shop or gallery along Main Street or just around the corner at the Kilmarnock Antiques Gallery on School Street featuring over 80 vendors.

Fill the afternoon with relaxation at the Spa at the Tides Inn. Surrender during the 2.5 hour Rejuvenation Package, designed to deeply relax and nourish your mind and body, leaving you feeling de-stressed and revitalized. Begin with a 90-minute Ginger Zest Body Treatment, enjoying an organic ginger and honey body scrub that is both warming and deeply relaxing, followed by a slow, deep massage using heated basalt stones and signature ginger zest body butter that melts away any tension. Finally, you are placed in a warm wrap you as you enjoy an energy-point facial and scalp massage to release tension and relax the sinuses. This service will leave you feeling in optimal shape and make you glow from within.

Afterward, enjoy a 60-minute Just for You Custom Facial. This active organic facial is good for all skin types and uses high-performance herbal enzyme peels like Sweet Cherry, Pear Fig or Pumpkin to deeply repair and hydrate the skin. Enjoy a cleansing, toning and exfoliation followed by a skin care analysis, massage and refining mask. An excellent session for acne, oily or aging skin, this includes an additional massage for the arms and hands.

the Tides
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