

*the Tides*  
Inn • Golf • Spa • Marina

**Appetizers**

- Roasted Red Pepper Hummus ~ Vegetables, Olives and Toasted Pita \$9.25  
The Tides Inn Fruit and Cheese ~ Seasonal Fruit with St. Andre, Roquefort and Vermont Cheddar \$12.75  
Crispy Calamari ~ Lightly Fried with Remoulade Sauce \$9.75  
Blue Crab Quesadilla ~ Boursin Cheese, Guacamole and Crème Fraiche \$13.75  
Mixed Greens or Caesar Side Salad \$6.00  
She Crab Soup \$7.00  
Fire Roasted Red Pepper and Tomato Bisque \$6.00

***Sandwiches***

**Smoked Turkey and Brie \$12.75**  
Sliced Turkey Breast with Smithfield Ham, House Made Apple Butter on Fresh Baked Whole Grain Bread served with Coleslaw and Apples

**Carters Creek Crab Club \$15.75**  
Crab Salad on Toasted Brioche with Smoked Applewood Bacon, Garlic-Caper Mayonnaise, and Cole Slaw

**Bacon Blue Burger \$12.75**  
Char-Broiled Angus Beef topped with Applewood Bacon and Creamy Saga Blue Cheese. Served with Fries

**Club Burger \$12.50**  
Char-Broiled Angus Beef, Fries and a Choice of Cheese

**Roasted Portabella Sandwich \$10.75**  
Roasted Portabella Mushrooms, Fontina Cheese, Herb Focaccia, Pesto Mayonnaise and Fresh Fruit

**Gourmet Grilled Cheese and Tomato Soup \$10.50**  
Toasted Brioche Bread with Gruyere and Fontina Cheese served with a Cup of our Fire Roasted Red Pepper and Tomato Bisque

**Northern Neck Shrimp Po Boy \$14.50**  
Lightly Fried Popcorn Shrimp on a French Baguette fully dressed with Lettuce, Tomato and Remoulade Sauce. Served with Fries.

***Entrée Salads***

**Classic Nicoise Salad \$15.75**  
Ahi Tuna Loin seared rare with Haricot Vert, Kalamata Olives and Anchovies

**Caesar Salad \$10.75**  
House Made Dressing with Shaved Parmesan  
**With Grilled Chicken \$13.25**  
**With Fried Oysters \$14.50**  
**With Popcorn Shrimp \$14.00**

**Mediterranean Salad \$14.75**  
Romaine Hearts, Kalamata Olives, Red Onions and Feta Cheese topped with Fried Calamari and an Oregano Vinaigrette

**Seafood Tchoupitoulas \$16.50**  
Shrimp and Crab Meat Remoulade served with a Roasted vegetable and White Bean Salad, Pita Wedges and House Made Lavash

**Bays Best \$16.75**  
Northern Neck Crab Cake with Fried Rappahannock Oysters, Tartar Sauce, Coleslaw and Crispy Fries

**Tuscan Chicken Wrap \$12.00**  
Grilled Chicken with Pesto Mayonnaise, Mixed Salad Greens, Tomatoes, Red Onions and Balsamic Vinaigrette in a Sundried Tomato Flour Tortilla with Fruit

***Dessert***

- Key Lime Pie ~ Our version of the traditional \$8.00  
Vanilla Bean Crème Brulee ~ A Tides Inn Classic with Macaroons \$8.00  
Brownie Sundae ~ Vanilla Ice Cream drizzled with House Made Toppings \$8.00  
Ice Cream ~ A selection of Ice Creams and Sorbets \$6.00