

**Light Fare**

**Caesar Salad**

House-made and topped with Grilled Chicken and Shaved Parmesan  
**\$12.00**

**Fruit and Yogurt Parfait**

Refreshing layers of Vanilla & Strawberry Yogurt with Fresh Berries  
and Bananas, topped with Granola  
**\$8.50**

**Tuscan Chicken Wrap**

Sliced Grilled Chicken with Pesto Mayonnaise, Mixed Salad Greens,  
Tomatoes, Red Onions and Balsamic Vinaigrette in a Sun Dried To-  
mato Flour Tortilla, served with Fresh Fruit  
**\$12.00**

**Seafood Salad Sandwich**

Shrimp and Crab Salad blended with Remoulade Sauce, served in a  
Flaky Croissant with Fresh Fruit  
**\$15.00**

**All-American Burger**

Grilled Angus Beef with a choice of Bacon, Cheddar or Swiss Cheese,  
served with Fries  
**\$12.50**

**Chicken Fingers**

Served with Crispy Fries and Honey Mustard Sauce  
**\$9.00**

## **Signature Cocktails**

### **Piña Colada**

The palm trees always sway for this frozen favorite with Pineapple Juice, Rum and Coconut

**\$8.50**

### **Rum Punch**

Commodore's own concoction of Exotic Juices and Rum

**\$8.50**

### **Margarita**

Frozen or on the rocks, this poolside favorite features Tequila, Lime and Triple Sec

**\$8.50**

### **Mojito**

Give yourself a sip of paradise with this mix of Fresh Mint from our garden, Limes, Rum, a touch of sweetness and a splash of Club Soda

**\$8.50**

### **Dark & Stormy**

Set your sails for this drink featuring Ginger Beer and Goslings Rum...delicious!

**\$8.50**

### **Lancaster Lemonade**

Relax and enjoy the Tides Inn signature drink made with Chilled Vodka, Limoncello, Northern Neck Ginger Ale and Fresh Squeezed Lemon Juice, garnished with Fresh Herbs

**\$9.00**

*Parties of 6 or more will be on one check with 18% service charge added.*